

## California's Meal and Rest Period Rules: Proactive Strategies For Compliance - 7th Edition

Richard J. Simmons  
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In the new 2021 edition of his book, **California's Meal And Rest Period Rules: Proactive Strategies For Compliance**, California's leading expert on wage-hour law, Attorney Richard J. Simmons from the law firm of Sheppard Mullin, has identified training and compliance strategies for all California employers. All California employers must be aware of their obligations and the high price they may pay for noncompliance. The new edition of the book examines the new **Donohue** case, other recent cases, and compliance programs. It discusses ways to **make timekeeping systems an employer's ally rather than its enemy**. It also includes sample forms and many valuable resources, including new-hire and attestation forms as well as significant opinion letters.

The new edition is designed to assist employers to understand and address their legal obligations, **train their supervisors**, and **update their policies and practices**. It also describes "best practices" and lays out over 20 proactive approaches that can aid employers to avoid and defend costly lawsuits. **Sample forms** are included to remind new and existing employees of their right to meal and rest periods and secure their cooperation.

Among the numerous subjects covered are the following:

- Solutions To Problems Caused By The **Donohue** Decision
- California's Unique Meal And Rest Period Rules
- Penalties & Premiums
- Exceptions And Exemptions From The Meal And Rest Period Rules
- The Importance Of Training Supervisors
- Break Scheduling Practices And Strategies
- Class Action Lawsuits
- Rules Regarding Combining Meal Periods
- State & Federal Rules
- Meal Time Rounding Issues
- Meal & Rest Period Charts
- Proactive Approaches And Solutions

- The California Supreme Court's Meal And Rest Break Decisions In **Donohue v. AMN, Augustus v. ABM, Brinker Restaurants, And Gerard v. Orange Coast**
- Off-The-Clock Work
- Attorney's Fees
- Special Industry Rules
- Potential Value Of Using Drop-Down Menus To Certify Compliance
- Sample Forms & Compliance Tips
- Labor Commission Opinions
- Timekeeping Obligations
- Timing Of Meal & Rest Periods
- Waivers
- The Consequences Of An Employee's Choice To Work Through Or Delay Breaks

To order this book please visit, <http://www.castlepublications.com>

## Attorneys

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## Practice Areas

Labor and Employment